

# Study



- ✓ Study Space:
  - free of distractions
  - good lighting & sturdy chair
  - supplies - pens, highlighters, index cards, Posts-its, class notes, textbook
  
- ✓ Find out the time of the day you are most productive:
  - Right after school
  - Night time
  - Before school
  
- ✓ When should I start preparing?
  - Review notes for each subject **EVERY DAY**
  - Quiz - days in advance
  - Test - weeks in advance
  
- ✓ Create a quiz/test of your own - more than just review - applies concepts
  
- ✓ Teach the lesson to a family member/friend - if they understand, you understand
  
- ✓ Study group - classmates who are serious about this
  
- ✓ Don't just memorize, **LEARN** the material!



Brought to you by:

**Van Wyck School Counselors**